

## **NUT FREE POLICY**

In order to protect children with allergies to peanuts and similar nut products Tots on the Rock has a policy that no food containing nuts should be brought to the Centre.

Tots Kitchen does not use any products containing nuts and all food is made on fresh on the premise.

We also ask all parents that there children do not bring food onto the premises, or if they have to for medical reasons, can it be given to a teacher or go straight into the kitchen, and be clearly label with the child's name.

Products that contain nuts include Peanut Butter, Nutella, fruit and nut bars, chocolate and any other products that have nuts listed in their ingredients. This does not include products that contain the warning "may contain traces of nuts".

The nut-free policy is put into place because as child care providers we take responsibility for the health and well being of our children, staff, families and visitors.